



FOR IMMEDIATE RELEASE

Continental Societies, Incorporated Chapters to Participate in Lessons in a Lunch Box Programs in as Many as 20 States

Owings Mills, Maryland (**January 8, 2018**). The Continental Societies, Incorporated has galvanized their members and expects to participate in the *Lessons in a Lunch Box: Healthy Teeth Essentials & Facts About Snacks®* program in as many as 20 states. The nonprofit organization founded in 1956, has 42 active chapters located in states with current registrations for the health program. National 1st Vice President, Gwendolyn Lindsay is working with The Children's Oral Health Institute CEO, Dr. Winifred J. Booker to coordinate the 2018 *Lessons in a Lunch Box* Programs Schedule and expects to pair presentations with the 62 year-old public service organization chapters.'

Lessons in a Lunch Box is an oral health education program developed around a lunch box and dental travel case designed in the likeness of a carrot. It has reached all 50 states, the District of Columbia and Puerto Rico. By the end of February, which is National Children's Dental Health Month, the Continental's will have helped to further expand the initiative. Their support will help to guarantee that the educational lunch boxes have reached over 55,000 elementary school children and their families since the program's inception.

Baltimore Chapter Continental Societies, Inc. President Yvonne Woods-Howard and Sargent-at-Arms member, Lynn Lawings, initiated dialogue with Dr. Winifred Booker in August of 2017 to further their service goals via *Lessons in a Lunch Box*. 14th National President, Robin T. Browder has said, "We are excited our local chapters can partner with The Children's Oral Health Institute to continue encouraging children to implement good dental hygiene."

For more information about program dates and times and how to participate, visit the Continental Societies, Inc at <https://www.continentalsocietiesinc.org> and The Children's Oral Health Institute at <https://www.mycohi.org>.



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