

UMB, DENTAL SCHOOL

President
Andrew Swiatowicz

Vice President
Jenny-Lee Howell

Secretary
Melis Istar

Treasurer
Patty Park

Social Chairs
JP Chavez
Tony Llera
Kari Moss

USGA Reps
Melody Daroog
Noah Letwin

Contacts:
ClassConcerns2010
@gmail.com
DentalNews2010
@gmail.com

INSIDE THIS ISSUE:

Lunch n'
Learn 2

Ice Skating 2

Baby Teeth 2

Community
Service 3

Calendar 4

BODS 2010

VOLUME 1, ISSUE 7

MARCH 1, 2008

March Un-Madness

With only 1 test, 2 quizzes, and 1 shell for a practical due in March, we have an unusual break from the ordinary life of a dental student. Throw in a week of spring break, and dental school almost seems bearable (and fun).

This gives us a chance to do things other than just study. But don't fret, here's a few ideas on how you can fill your time:

1. Sign up to volunteer at Ronald McDonald House. We have a bunch of dates scheduled for the month (see calendar), so come and spend some time with amazing

families and brave children.

2. Learn more about our alumni advisors. Dr. Fiastro will be coming in on the 5th to meet the class and talk about her experiences at Maryland and as a dentist in private practice. Our other advisors (Drs. Liang and Mohler) will also be coming in soon to discuss their experiences too.

3. Start a new hobby. If you do something for 21 days it becomes a habit, and it looks like we have some time for that. Give it a shot. Find out how and why this works ([http://news.yahoo.com/s/](http://news.yahoo.com/s/afp/20080228/ts_afp/irelandbritainhealthoffbeat)

[afp/20080228/ts_afp/irelandbritainhealthoffbeat](http://news.yahoo.com/s/afp/20080228/ts_afp/irelandbritainhealthoffbeat))

April of course is a different story, so enjoy this calm before the storm.

- Andrew



March Birthdays

Our March Birthday celebration will be held on:

March 5th at Noon

Birthday wishes go out to:

March 11—Corey Smith

March 18—Erin Ladwig

March 19—Matt Gerald

March 25—Bahar Zarrabi

March 27—Hisham Hatoum

March 30—Martin Leybovich



Lunch n' Learn - Dr. Eva Fiastro



One of our Alumni Advisors, Dr. Eva Fiastro, will be coming in to speak to us about working in private practice, raising a family in dental school, and management of a dental office.

Dr. Fiastro is a 1979 graduate of the BCDS. As a student, she was active in Psi Omega, Gamma Pi Delta Prosthodontic Honor Society, Gorgas Odontological Honorary Society. She also served as a student member of the admissions

committee for 3 years and the Clinic Module Captain for her class. She currently works in private practice with her husband of 32 years, John, who is also a dentist. They have three children; John Jr. (her junior year of dental school production), Lou, and Eva Theresa. She is a fellow of the Academy of General Dentistry and is involved in an occlusion study. On her free time, she enjoys spending time with her family,

traveling, skiing, going to the beach, sewing, cooking, and being involved in church related functions, such as the Boys Hope of Maryland (a non profit organization that provides home and education for boys who show promise of future educational success).

Start Brainstorming questions for her. Lunch will be served!!

Wednesday, March 5
11 AM -1 PM

Ice Skating

Thank you to everyone who made it out to the event!



Baby Teeth



Sung Kim and Insun Choi welcomed their baby boy, Joseph Myungwoo Kim on February 6th. He weighed 7 lbs and 4.4 ounces and was 19 3/4 inches long. Both baby and mother are healthy and doing well.

Ronald McDonald House

On February 28th, a few of our classmates prepared breakfast for the residents staying at the Ronald McDonald House. This was an extremely rewarding experience and a great way to volunteer your time. We will be planning various community service activities at the Ronald McDonald House throughout the year. The next breakfast will be on **March 27th**. Activities nights are also planned for March 22, April 12, 19, and 22. Please see Jenny if you would like to volunteer. Dr. Grace has approved this for extra credit.



Lessons in a Lunch Box

"Lessons In A Lunch Box: Healthy Teeth Essentials & Facts About Snacks," is a program established by Dr. Booker. It is an oral health literacy program designed to empower children and families with proper knowledge about routine dental care, oral health maintenance, good dietary choices and more. The program is sponsored by the Maryland Children's Oral Health Institute and will provide close to 5000 Baltimore City Public School children with the education

lunch boxes this school year.

This is another great way to volunteer your time to help our community. Volunteer dates for the month of March are the 6th (Raynor Brown Elementary School), the 7th (Foundation School), and the 14th (Jessep Elementary School). Please talk to Sara Kramer if you are interested in helping out.. Dr. Grace has approved this as an extra credit activity for the Behavioral.



March 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Ortho Final	5 11 AM- Lunch & Learn—Dr. Fiastro	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 Shell Due	28	29
30	31					

Spring Break

Community Service Opportunities

March 6 (1 PM) - Lessons in a Lunch Box at Raynor Brown Elementary School

March 7 (1 PM) - Lessons in a Lunch Box at Foundation School

March 12 (12 PM) - OHI, screening, fluoride at Furman L. Templeton Elementary

March 14 (1 PM) - Lessons in a

Lunch Box at Jessep Elementary School

March 22 (7:30 PM) - RMH Activities Night

March 27 (7:30 AM) - RMH Breakfast

April 26 (7:30 PM) - RMH Activities Night

May 1 (7:30 AM) - RMH Breakfast



To sign up:

Pink see Sara Kramer

Green see Jessica Lee

Blue see Jenny Howell

Get Involved
Get Involved